

READ.MAKE.DO.

Play at the Park!

This kit contains:

- 1 bucket
- 2 toy cars
- 1 jump rope
- 1 ball
- 4 cards with ideas for playing at the park with all these items! (Or in your own yard!)



The idea for this kit came from an article on the website “Hands on As We Grow”. See the original article at this link and find lots of other great ideas for play on their site.

<https://handsonaswegrow.com/5-park-easy-outdoor-activities/>



Some other fun things to bring to the park:

- Bean Bags- great for putting down slides and tossing/catching
- Bubbles- blow bubbles from up high!
- Streamers (ribbons)- Use on swings and slides, wave high up or run through the grass
- Sidewalk Chalk- leave fun messages and pictures at the park. Draw an obstacle course on the sidewalk (look online for ideas).

DON'T FORGET!

For any of these activities take into consideration your child's age and abilities. Adapt things to meet your child where they are and let them lead the play as well. Create new ways to play and have fun together!

Other things you might need at the park:

- Sunscreen and/or bug spray
- Water
- A sense of adventure
- Friends!

