

Feed the Birds



Included in this kit:

- 3 types of birdseed
(*golden safflower, black oil sunflower, millet; may have come in contact with peanuts through processing)
- *Samples of birding flashcards
- Instructions/recipe for birdseed cookies
- Short guide to common Minnesota backyard songbirds
- Minnesota Birds coloring pages
- Envelope of plain gelatin
- Animal shaped cookie cutter
- Small skein of yarn

One of the greatest joys to watching winter critters is birdfeeding! While some songbirds do migrate to warmer climates and better food supplies, some are hearty enough to stay here through the duration of cold and snow.

Included in this kit is a small sampling of birdseed to create 'cookies' to hang from tree branches, shrubs or hooks in your yard, and any excess seed not used in the recipe can be spread on the ground for easy feeding.

Can you imagine needing to forage for all of your meals in the middle of winter? Birds/squirrels/rabbits, every wild animal needs calories to stay warm and survive, so feeding is so beneficial!

- Spread some seeds on the ground and watch for birds like juncos and cardinals come feed! Cardinals are crepuscular! A fancy word for they like to come out at the first and last light of day, so right around sunrise and sunset.
- Keep a journal of all of the birds you see in your yard while feeding.
- The birding flash cards are from an amazing set called Backyard Birds Flash Cards, Eastern & Central North America, put out by the Cornell Lab, found on Amazon for \$14.95 for 110 cards.

Photos, facts and large sizes make them ideal for all ages!



Further Reading about Birds

Birds by Carme Lemniscates E 598 L55B, 2019

A simple yet information picture book for littles about bird behaviors and habits.

Birds in Our Backyard by Adele Porter & Bill Marchel, E 598.09776 P84B, 2011

A photographic guide to songbirds of Minnesota through all four seasons.

C is for Cardinal by Stan Tekiela, E 598 T26C, 2016

Facts, photos and all the letters of the alphabet are represented by birds from all over Minnesota.

Common Backyard Birds by Doris Dumrauf PB J 598.097 D89C, 2018

Birds are everywhere in our community, and while some migrate to warmer weather in winter, some stay put, doing what they can to find food and shelter. A beautiful short guide of how to attract them to your yard with different foods.

Birdology : 30 Activities and Observations for Exploring the World of Birds by Monica Russo PB J 598.07234 R96B, 2015

A educational and fun introduction to the world of birds, featuring activities and engaging information for kids of all ages.

A Kids' Guide to Birds of Minnesota by Stan Tekeila, J 598.072347 T26K, 2018

A fantastic guide for people of all ages in Minnesota to tuck into a backpack for a hike, vacation at a cabin, or just observing in your own backyard! Stan's photos are clear, easy to identify, and this is one of the best local guides out there.

Snow Birds by Kirsten Hall, E 811.54 H17S, 2020

A gorgeous picture poetry book featuring our favorite winter birds.

