



# READ.MAKE.DO

## Good Night, Sleep Tight: Bedtime Rituals

Explore the role of ritual in family life through a particularly special one - bedtime routines! This kit includes fun facts and cultural information, activities you can do together as a family, and a bedtime book of your own.

This kit includes:

- ◇ Activities designed by anthropologist Andrea Conger
  - Crayons
- ◇ Book: *Froggy Goes to Bed* by Jonathan London; illustrated by Frank Remkiewicz
- ◇ List of related books you may enjoy

**We want to hear from you!** Share pictures and stories on social media by using the hashtag: **#RCLReadMakeDo**

