

# SUMMER BREAK @HOME

with your Library



## Writing to Yourself

Letters are how we can talk about our lives to others, but you can write to yourself, too! See how you've changed or the things that you've forgotten when you look back at what you've written in the future.

- ♦ **Write yourself a letter** and put it somewhere safe with the date you want to read it written on the envelope.
- ♦ **Start a journal or diary.** Write about your day, even if you think it was just a regular day. When you look back in the future you may be surprised to find what was happening in your life during a particular time.
- ♦ Or start a **journal with a specific purpose:**
  - ♦ track the dreams you can remember each morning when you wake up
  - ♦ write about all the bike rides you go on
  - ♦ keep a reading journal with all the books you read and how they make you feel